# A new dawn in assistive innovation

**Ashok Pandey** 

ashokpa@cvbermedia.co.in



Assistive Technology (AT) is more than just overcoming physical limitations; it's a catalyst for creating a more accessible and inclusive world. Recent technological innovations in mobility, vision, hearing, and cognitive domains are transforming lives and shaping a future where abilities are celebrated, and barriers are dismantled

# https://ASSISTIVE TECHNOLOGY

n the dynamic landscape of healthcare, recent research from the Centers for Disease Control and Prevention (CDC) has revealed a significant and concerning trend: the prevalence of autism is on the rise. The latest data, as of 2023, indicates that one in 36 children is now diagnosed with autism, marking a notable increase from one in 44 just two years ago. As this report is freshly released, it is anticipated that these statistics will persist through 2024.

In the dynamic landscape of technology, one area stands out for its profound impact on humanity—Assistive Technology (AT). Defined as tools and devices designed to aid individuals with disabilities, AT plays a pivotal role in empowering differently-abled individuals, ensuring they have equal access to information, communication, and mobility. As we delve into recent advancements, it becomes evident that AT is not just about overcoming physical limitations; it's about fostering inclusivity and creating a more accessible world.

# Empowering Abilities: Innovations in Assistive Technology Reshaping Lives

In a world where technology acts as more than just a luxury, imagine it as a bridge breaking down barriers and empowering



CHINTAN VAISHNAV, (Mission Director, Atal Innovation Mission, Chair, Startup 20 G20)



"Assistive technology is one of the areas where India is absolutely ready to serve the world with affordable and ingenious innovations. We must build the necessary ecosystem as fast as possible. The Atal Innovation Mission Official will be supporting the AssisTech Foundation to establish India's first incubator entirely focused on assistive technologiesfor convening as many stakeholders as possible to contribute to building this ecosystem."

individuals with disabilities to reach their full potential. This transformation is unfolding before our eyes, driven by revolutionary advancements in assistive technology.

# **▼ Bionic Breakthroughs:**

1. Prosthetics that Feel and Move Like Real Limbs:

Advanced prosthetics equipped with



sensors and AI go beyond functionality; they provide feedback, mimicking natural movement and enabling activities once deemed impossible. This breakthrough brings a new level of realism and functionality to artificial limbs.

## 2. Brain-Computer Interfaces (BCIs):

Pioneering technologies like BCIs empower individuals with paralysis to control robotic limbs or operate devices using their thoughts. This groundbreaking advancement paves the way for unprecedented independence, offering a glimpse into a future where the mind seamlessly interacts with technology.



SIDDARTH DAGA, Co-Founder. Neomotion, Startup accelerated under Cohort 4 of ATF Enable Acceleration Program

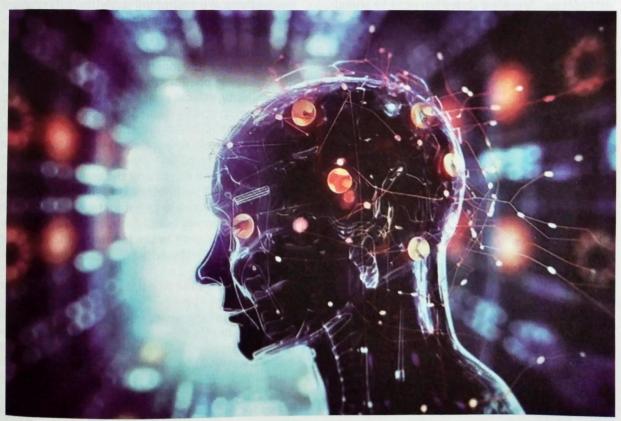


"As we revolutionize urban mobility, the recent success in making metro trains wheelchair accessible is a testament to progress. However, to truly embrace inclusivity, it's imperative that we extend this accessibility to our traditional railways for both long-distance and local travel. While motorized and ergonomically adept wheelchairs, such as those from Neomotion, represent remarkable strides in accessible and independent mobility, it's crucial to recognize that these solutions, while groundbreaking, are only a halfway point. True inclusivity for all individuals, including those with mobility challenges, can only be achieved through comprehensive urban planning that is both integrated and designed with and for assistive technology (AT). These devices open doors to possibilities, but a fully inclusive future requires a cityscape where AT is seamlessly woven into the fabric of urban design, ensuring accessibility becomes a natural part of our communal experience."

# 3. Sensory Restoration:

Bionic eyes and ears offer hope for the

visually and hearing impaired. The potential to restore sight and sound or provide alternative



# https://ASSISTIVE TECHNOLOGY

sensory experiences is not just a scientific marvel but a life-changing prospect for those who have longed for these capabilities.

# Cognitive Assistance:

#### 1. Al-Powered Companions:

Adapted virtual assistants like Alexa or Google Assistant become vital companions for individuals with cognitive impairments. They manage tasks, remind users of medication, and offer emotional support,

showcasing the transformative power of Al in enhancing daily life.



P RAJASHEKHARAN, Co-Founder, V-Shesh

-

"We are witnessing a significant amount of public infrastructure development with accessibility features treated as an afterthought. This is problematic because fixing a flawed design is undoubtedly much more costly. A case in point is several modern Metro Stations in all cities with inaccessible ramps, toilets, and reflective/slippery surfaces. Accessibility must be at the center of any urban planning exercise, and the design stage should include ensuring compliance with accessibility standards. Only then will we make progress toward achieving truly inclusive Smart Cities for all."

# 2. Augmentative and Alternative Communication (AAC) Devices:

From voice-activated tablets to eyetracking systems, AAC devices enable effective communication for individuals with speech difficulties. Breaking down barriers to social inclusion, these tools empower users to express themselves with ease.

#### 3. Neurofeedback and Brain Training Apps:

Technologies designed to improve focus, manage emotions, and enhance learning skills are empowering individuals with conditions like ADHD or autism. These apps provide a pathway for individuals to take control of their cognitive well-being.

#### Accessible Environments:

#### 1. Smart Homes:

Voice-activated devices that control lighting, temperature, and anticipate needs are creating safe and independent living spaces for individuals with mobility limitations. Smart homes are evolving into intuitive environments that cater to specific needs.

#### 2. Exoskeletons:

Robotic suits that augment human strength are enabling individuals with spinal cord injuries to walk again, climb stairs, and experience a newfound sense of physical freedom. Exoskeletons are rewriting the possibilities for mobility.

## 3. Smart Mobility Aids:

Al-powered wheelchairs are not just tools; they are intelligent companions that navigate obstacles, guide users to destinations, and seamlessly connect with smart homes. These innovations are reshaping mobility, offering a new dimension to wheelchair functionality.

#### ▼ Challenges

While these advancements are undeniably life-changing, challenges persist. Cost, accessibility, ethical considerations surrounding data privacy, and the quest for equitable access demand dedicated efforts. However, ongoing research and collaboration between tech companies, policymakers, and disability rights advocates are paving the way for a future where assistive technology is readily available, empowering everyone to not just exist but thrive. This journey is not without obstacles, but it is a testament to the indomitable spirit of innovation and inclusivity.

# Smart Cities for All: Empowering Independent Living

Envision a city where navigating its bustling streets is an effortless experience for everyone, irrespective of physical limitations. Envisage a home that not only meets your daily needs but also anticipates your every move. This is the future promised by the convergence of "Smart Cities for All" initiatives and the transformative



potential of Al-powered assistive technologies.

Cities, brimming with potential, often pose accessibility challenges that hinder inclusivity. Yet, smart city initiatives are leveraging technology to dissolve these barriers, crafting truly inclusive urban environments.

1. Accessible Navigation: For visually impaired pedestrians, tactile paving, audible crosswalks,

and AI-powered route planning apps are transforming city navigation. The introduction of smart traffic lights, with extended crossing times, and accessible public transportation featuring lowered floors and real-time information addresses the needs of individuals with mobility limitations.

2. Inclusive Infrastructure: The evolution towards inclusive infrastructure envisions wide ramps, automatic doors, and elevators

becoming the norm in every building. Smart parking systems, boasting designated accessible spots and digital guidance, alleviate parking struggles. Parks and public spaces are reimagined with universal accessibility, featuring accessible paths, sensory gardens, and inclusive play areas for everyone.

3. Connected Citizenry: Digital



CEO & Co Founder. SHG Technologies. Startup accelerated under Cohort 4 of ATF **Enable Acceleration** Program

'The future holds the promise of an interconnected world where AI, ML, and Robotics seamlessly enhance our lives, foster innovation, and usher in an era of unprecedented possibilities. With the same belief, SHG Technologies has developed Smart Vision glass, an innovative Artificial Intelligence-based wearable device that can help the visually impaired read, navigate, recognize objects, and people. The AI and built-in navigation capabilities enable the Smart Vision Glasses to inform the users of the nature of their immediate surroundings, obstacles, locations, and even the expression on people's faces with whom they are communicating. It is the next best thing to having vision. In essence, it acts as a seeing eye and a personal assistant."

kiosks with voice-activated features. accessible websites and apps, and community alerts disseminated through various channels ensure everyone stays informed and connected in the digital age.

#### Al and Robotics for Independent Living: A Look into the Future

Picture a future where robots aren't confined to factory floors but seamlessly



# https://ASSISTIVE TECHNOLOGY

integrate into our homes, becoming indispensable companions that assist with daily tasks and empower individuals of all abilities to live independently. This vision is not rooted in science fiction; it's a tangible horizon within our reach, driven by the convergence of AI and robotics.

#### ▼ Robot Companions

- 1. Assistive Robots: Envision robotic helpers like Pepper or ElliQ seamlessly integrating into daily life-fetching objects, preparing meals, reminding individuals of medication, and offering emotional support. These robots are not just aids; they represent a reduction in dependence on caregivers, fostering a greater sense of autonomy.
- 2. Social Robots: Combatting loneliness and isolation, social robots are designed to provide companionship, engage in conversation, and remind individuals of social appointments. These friendly bots go beyond functionality; they contribute to mental wellbeing by creating meaningful connections.

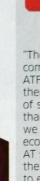
#### Smart Homes

- 1. Adaptive Environments: Think of homes that anticipate your needs-adjusting lighting, temperature, and controlling devices based on your preferences and routines. Al-powered systems learn habits, creating a personalized haven of comfort and convenience that adapts to individual lifestyles.
- 2. Robotic Assistants: Imagine robotic arms seamlessly handling household chores, cleaning floors, or assisting with cooking. These robotic assistants not only save time but also enhance overall quality of life, allowing individuals to focus on activities they enjoy.

# Mobility Assistive Technologies

- 1. Exoskeletons: Robotic suits, or exoskeletons, amplify human strength, enabling individuals with spinal cord injuries or muscle weakness to stand, walk, and regain physical freedom. The transformative potential for rehabilitation is groundbreaking, offering renewed independence.
- 2. Smart Wheelchairs: Al-powered wheelchairs are evolving into intelligent companions, navigating obstacles,





**ATF** 

"The AT ecosystem has come a long way. When ATF began its journey, there were only a handful of startups, not more than single digits. Today, we witness a thriving ecosystem with over 450 AT startups, reflecting the nation's commitment to empowering abilities through technological advancements. This transformative surge is a testament to the evolving nation and its prime focus on innovation."

avoiding collisions, and guiding users to destinations. These innovations redefine mobility, transforming wheelchairs from mere transportation tools into personalized. adaptive devices.

# Challenges and the Way Forward

While these advancements are promising, challenges persist. Ethical considerations surrounding data privacy, job displacement, and the imperative of ensuring equitable access demand careful attention. Collaboration between tech companies, policymakers, and disability rights advocates is pivotal for responsible development and inclusive deployment of these technologies.

As we reflect on the current state of assistive technology and its trajectory, it's evident that the journey is both promising and imperative. The collective efforts to empower individuals with diverse abilities through AT are not just about technology; they're about reshaping the future for a more inclusive and technologically empowered society. The journey towards a world where abilities are celebrated, and barriers are dismantled is well underway, and the role of assistive technology is central to this transformative narrative.